

Bringing Recovery Home



A Report to the Community for 2012 & 2013

Supporting Your Journey To Wellness

ADAMH
BOARD

Alcohol, Drug Addiction and Mental Health Services



Housing Options Become a Top Priority

Shelter + Care Offers a Second Chance for the Homeless and Disabled

Imagine for a moment that when you woke up this morning, you had no idea where you would sleep tonight....or where you would find your next meal.....or what shelter would protect you from the coming bad weather. Now imagine facing those challenges while also struggling with a disability.

This scenario is all too familiar to many people in Tuscarawas County. Beginning July 1, 2011, the ADAMHS Board assumed the administrative responsibilities of the Tuscarawas County Shelter + Care Program. Shelter + Care (S+C) is a housing program funded by the US Department of Housing and Urban Development. It can provide rent, utility and security deposit assistance to individuals who are currently homeless and disabled. The program has the capacity to assist 23 families/individuals, but could provide support to even more through program efficiencies and other methods.

Once an applicant is determined to be eligible, a short process of filling out forms and signatures is followed by searching for and securing a rental unit that meets program guidelines. Participants are strongly urged to maintain a supportive services plan through the treatment agency / physician of their choice in order to address the issues that led to the current episode of homelessness and assure that they are able to maintain their new home.

The program usually runs at capacity, however the Board does maintain a waiting list for future openings. For more details about how to access the program and determine eligibility, please contact Mike Dotts at 330-364-6488.



ADAMHS Board Takes on Property Management Role

Over the past several years, the ADAMHS Board has made an effort to increase the knowledge and expertise necessary to bring meaningful housing options to the residents of the board area. Through several trainings through the Corporation for Supportive Housing, board staff has gained significant valuable insight into many areas of supportive housing such as development, administration, supportive services, and property management.

In that vein, the ADAMHS Board entered into a contract with Starlight Enterprises, Inc. of New Philadelphia in September of 2012 to act as the property managers for 8 multi-family homes owned by SEI. These homes provide housing and supportive care to a mix of developmentally disabled (DD) and dual disorder (DD and mental health) clients. The ADAMHS Board's history of daily interaction with mental health consumers combined with their training and experience in property management made this a great fit for their continued efforts to increase available housing for individuals with severe and persistent mental illness.

New Treatment Options Lead the Fight for Recovery

Medication-Assisted Treatment Option Comes to Tuscarawas and Carroll Counties



For years, many people struggling with opiate addiction had few options for recovery. When faced with a choice between either attempting to recover through the use of a program like Methadone, quitting unassisted, or continuing to abuse, it was really a no win situation. Now a relatively new treatment option for opiate addiction is providing a safer and more effective way to recovery; and it's now available in Tuscarawas and Carroll Counties at Community Mental Healthcare.

Medication Assisted Treatment (MAT) combines medication, counseling and support from community entities, family and friends to help those addicted to opiates recover their lives. Participants in the MAT program are first assessed by program staff. They will then work with medical staff to explore treatment options and preferences, followed by the development of a treatment plan based on their individual needs.

When the MAT program is determine to be the best option, participants can expect to be seen by a physician on a weekly basis and are provided the appropriate dosage of medication to last until their next visit. This medication is specially designed to reduce cravings and eliminate the ability of the abused opiate to provide the effect to which the patient has become accustomed.

Equally as important to success in the program is intensive counseling to provide the individual with the tools necessary to live a sober lifestyle. These individual and group counseling sessions, along with required attendance at 12 Step meetings, will prepare the participant to face and overcome the typical obstacles to recovery.

For more information on the MAT program, please contact Community Mental Healthcare at 330-343-6631.



Community Navigator Provides Community-Based Approach to Recovery

In October 2012, Community Mental Healthcare began the Community Navigator program. The foundation of the program lies in providing aggressive community based services to adults with severe and persistent mental illness and/or substance abuse disorders who are transitioning out of inpatient psychiatric facilities or the local county jail with the goal of improving their ability to access community supports, services, and benefit programs that promote the individual recovery process. The goals of the program are:

Client will obtain services or treatment necessary for meeting medical needs

Client will obtain supports necessary for meeting immediate , basic needs

Client will obtain supports or services necessary to meet mental health and/or substance abuse needs

Client will obtain necessary supports so as to avoid further legal problems or incarceration

Client will obtain financial means of meeting basic needs

Client will obtain skills and support needed to maintain independent living in the community

Client will develop personal and community supports in order to improve quality of life and well-being

If you or someone you know would like to access the benefits of the Community Navigator program, please contact Michelle Coon at Community Mental Healthcare by calling 330-343-6631.

Community Outreach

The Friends of ADAMH PAC Provides Valuable Service to the Local System

The Friends of ADAMHS Political Action Committee, or PAC, formed in 2005 as a way to address the need for an active fund raising and advocacy group to act on behalf of the ADAMHS Board. While the initial purpose was to establish a way for the Board to accept private donations to assist in funding levy campaigns, the PAC has since expanded to become a voice for those suffering from mental health and addiction disorders in Tuscarawas and Carroll Counties. To make that happen, the PAC holds several fundraisers throughout the year to raise funds for community awareness efforts.

The Friends of ADAMH's premier fundraising event is the Annual Benefit Golf Outing held every May at Union Country Club in Dover. This all day event brings together Board members, staff, donors, and volunteers to raise awareness about mental illness and addiction, as well as share in an exciting day of golf, great food, and friendly competition. The 2013 event drew 37 sponsors and included 20 teams of golfers on a beautiful sunny spring afternoon. It was the most successful outing to date and we look forward to an even bigger event next year.

Other fund raising functions held by the PAC include lottery raffles, chicken Bar-B-Q's, and the annual jewelry sale. Past jewelry sales have included selections from Premier Jewelry and Silpada. Another sale is planned for early spring 2014.

The newest fundraiser for the PAC is the Thanksgiving Pie Sale. This event features a broad selection of fresh Amish made pies and cookie dough delivered just in time for the holiday. Orders are taken in the weeks leading up to Thanksgiving, and are available for pick-up at the Board offices on the Tuesday before the big day. Fresh Amish made pies, no hassle of baking them yourself, and a great way to help the system lead to a very successful inaugural event in 2012 and we hope for an even bigger turnout this year.

As part of the mission to raise awareness about the behavioral health and addiction disorders, the PAC has held two speaker presentations led by professionals in the behavioral health, corrections, judicial and treatment communities in order to bring all those concerned with the future of our system up-to-date about what is happening at the local, state and federal level. And as a way of recognizing the efforts of our many volunteers, the Friends of ADAMH is holding a Volunteer Appreciation Reception this winter.

If you have any questions about The Friends of ADAMH or would like to get involved, please call Dave Schaffer at 330-364-6488

Family Addiction Trainings Provide Valuable Insight into Substance Abuse

In response to the increasing number of calls received from family members with an addicted loved one, the Anti-Drug Coalition, in collaboration with the ADAMHS Board and local provider agencies, produced a series of community meetings titled Bearing the Weight of a Loved One's Addiction. Coordinator Natalie Bollon is the Manager of Community Services for the ADAMHS Board. Bollon, who fielded the calls, says, "My heart just breaks for them. After all of the time and energy they spend dealing with the addicted individual, they are just exhausted." These meetings provided support to family members and answers to the most commonly asked questions. For more information about the role of a family member in the recovery process and what you can do to help, please contact Natalie at 330-364-6488.

Financial Overview

Revenue Comparison - FY 2012 and FY 2013

Revenue Source	Fiscal Year 2012	Fiscal Year 2013
ODMH	\$1,317,613	\$1,402,183
ODADAS	\$797,295	\$762,106
Levy	\$699,515	\$875,429
Medicaid	\$4,761,516	\$321,328
Housing Services	\$127,103	\$214,454
Other Revenue	\$37,515	\$23,874
Reserves	\$177,315	\$15,938
Grand Total	\$7,917,872	\$3,615,312

Expense Comparison - FY 2012 and FY 2013

Expense	Fiscal Year 2012	Fiscal Year 2013
MH Treatment	\$1,257,573	\$1,233,537
Psychiatric Hosp.	\$362,178	\$116,272
AOD Treatment	\$814,979	\$792,366
Prevention	\$102,664	\$122,683
Medicaid	\$4,534,275	\$378,335
Housing Services	\$132,852	\$201,013
Peer Support	\$124,535	\$121,063
Miscellaneous	\$35,186	\$54,449
Board Operations	\$557,335	\$599,378
Grand Total	\$7,921,577	\$3,619,096

Average Benefit Recipient Profile - FY 2013

Female



Average
Age: 36.6

Most
Common Diagnosis:
Depression

Number Served: 1071
Age Range: 5 - 88
Avg. # of Sessions: 15.8 / yr
Avg. Amount / Client: \$889.78
Most Common Service:
Individual Counseling

Male



Average
Age: 35.0

Most
Common Diagnosis:
Alcohol Abuse/Dependence

Number Served: 1332
Age Range: 4 - 84
Avg. # of Sessions: 13.1 / yr
Avg. Amount / Client: \$705.24
Most Common Service:
Group Counseling

2013 ADAMHS Board of Directors



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Tuscarawas Country



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Tuscarawas Country



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